

CONFERENCE RESOURCES FROM THE STUDENTS AND EARLY CAREERS (SEC) TASK FORCE

We're excited to welcome you to #Together4Action2022 in Baltimore, October 27 – 30! There are many incredible sessions over the course of the conference. We highly recommend taking some time before the conference to go through the entire program and select the sessions that are most interesting and that you think will be of most value to you based on your interests, networking goals and professional development goals.

With so many incredible sessions, we wanted to highlight some key sessions we think might be of interest to SEC folks.

<p>Policy Institute</p> <p>Thursday October 27 All Day</p>	<p>Kickoff Celebration</p> <p>Thursday October 27 6PM-8PM</p>	<p>Networking Session for Students and Early Careers</p> <p>Friday October 28 Lunch</p>	<p>SEC Wellness Hub Space</p> <p>Date/Time TBC</p>
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We encourage everyone to attend **the featured talks at 9AM on Friday, Saturday, and Sunday** of the Conference. Each address will emphasize the theme of the day and set the stage for the rest of the day. Check out the bios of the featured speakers ahead of time [here](#).

After each keynote address, there will be a **Responsive Panel** at 10:30AM where featured speakers and additional guests engage in critical discussion. These moderated conversations intend to raise questions and make us all think about how to move “to action” together. Stay tuned for additional information soon.

Below you'll find a selection of sessions that focus on skills and resource sharing (e.g., methods, partnerships, reflexivity), critical content (e.g., lived experience, critical frameworks) and those sessions tailored to SEC members. Refer to the full conference program to confirm timings and location information.

Date	Time	Title	Speakers and Description
Oct 28	4:00 – 4:50 PM	Viruses and Viral Videos: Creating Strong Community-Academic Partnerships to	<p>Speaker(s): Rebecca Singer</p> <p>Individual Paper: Nursing students and faculty partnered with leaders of the Black MSM and TGNC communities to advance health equity focused on availability of COVID-19 vaccinations by producing a music video exploring the personal and structural barriers to vaccination. With over 1.5 million views, this video gave voice to various perspectives and garnered more exposure to the community than usual academic channels. This community-</p>

		Address Health Inequities	academic partnership is committed to authentic engagement which requires risk-taking, trust building, and compromise.
Oct 28	4:00 – 4:50 PM	Meaningfully engaging communities of color in community-based research: Lessons learned from an interdisciplinary dissertation	Speaker(s): Nadha Hassen Individual Paper: Park Perceptions and Racialized Realities is a community-based participatory research (CBPR) dissertation that explores the experiences of people of color in greenspaces in two underserved neighborhoods in Toronto, Canada, to examine issues of mental health, wellbeing, equity and inclusivity. Adapting the photovoice process, 18 participants went on over 35 greenspace visits and collected over 200 photos. Recommendations and insights on engaging meaningfully, collaboratively, and iteratively through CBPR and adapting to online methods will be shared.
Oct 28	5:00 - 6:00 PM	Critical Race Theory as a Framework for Behavioral Health Practice and Policy	Speaker(s): Jason Vitello Workshop: Our society cannot adequately address behavioral health without naming and engaging racism as a root cause of inter-generational trauma, mental illness, addiction, and other inequities disproportionately experienced by BIPOC communities. Critical Race Theory (CRT) is a transdisciplinary, race-equity methodology that can assist practitioners in doing just that. This session will provide an overview of CRT, common myths, and strategies for incorporation into the praxis of addressing both the symptoms and systems of oppression.
Oct 28	5:00 - 5:50 PM	Interprofessional Education for Developing Cultural Humility in Bulgaria: Opportunities for Nursing and Social Work Students	Speaker(s): Michele Upvall Individual Paper: The purpose of this presentation is to explore opportunities for ongoing collaboration between the nursing and social work programs at a university in southwest Bulgaria using the concept of cultural humility as the core for all activities. The Fulbright program facilitated the process for interprofessional education. Incorporating cultural humility into the nursing and social work programs will use a two-pronged approach: interdisciplinary research and curriculum revision.
Oct 28	5:00 - 5:50 PM	Ethical Considerations for Academic/Community Partnerships	Speaker(s): Kendell Coker Panel: TBC
Oct 29	8:00 – 8:50 AM	AJO-Meet the Editors	Speaker(s): Kendell Coker; Ryan Kilmer
Oct 29	11:30-12:20 PM	Reconsidering Peace: increased well-being through intentional retreat and reflection	Speaker(s): Geraldine Gorman; Shirley Stephenson; Virginia Reising Panel: This panel will offer insights on our experience with interweaving the Humanities, reflective writing and meditation techniques into "Practice Gatherings" designed to support our colleagues during times of increased stress and isolation. Designating a circumscribed space for intentional listening and self-reflection reduces the sense of

			impotence intrinsic to moral distress. These gatherings diminished professional fragmentation and highlighted our shared lived experiences.
Oct 29	2:30 – 3:20 PM	Trends in Internalizing Mental Health Symptoms among Racial, Ethnic and Sex subgroups of US Adolescents: Results from Monitoring the Future 2005-2020	Speaker(s): Mia Campbell Individual Paper: Internalizing mental health symptoms are shifting among US adolescents. Gender differences have been identified and racial differences are explored in this project. A deeper understanding of the ways trends are heading for various racial and ethnic groups can help us understand the role of structural racism, parental influence, and social media, among other factors, on youth mental health.
Oct 29	2:30 – 3:30 PM	Ethical Guidelines for Implementing International Behavioral Health Research: Engaging with Vulnerable Populations	Speaker(s): Eugenia Millender; Svetlana Yampolskaya; Amanda Gabster; Edilma Yearwood Workshop: Recently, ethical guidelines for conducting research has attracted substantial attention due to expansion of research conducted outside of the U.S. and an increase in the utilization of existing data. The proposed workshop will provide comprehensive information about various aspects of ethical principles applied to international research, include the discussion about the role of IRB, obtaining informed consent from marginalized and vulnerable populations, and provide an example of an international study currently taking place in Panama.
Oct 29	4:00 – 5:00 PM	Anti-Racist, Trauma Informed Care Centering Mind/Body Programming in a Community Health Center	Speaker(s): Ebony White; Kathleen Metzker Workshop: The Steven and Sandra Sheller 11th Street Family Health Services of Drexel University serves a majority minoritized community through integrative health services. Because of the population we serve, we ensure anti-racist and trauma informed practice is at the center of all services we provide. Our multidisciplinary approach includes Mind Body Interventions that are essential in supporting growth and change in the health and wellbeing of individuals and communities.
Oct 29	4:00 – 4:50 PM	Embracing lived experience in policy, practice, and research	Speaker(s): Cori Cafaro; Quinmill Lei; Wendy de los Reyes; Kayleigh Zinter Panel: Presenters will discuss how centering the voices and expertise of individuals with lived experience is an act of social justice when conducting policy, clinical practice, and research. The panelists will share how their own lived experience informs their community-based work, discuss risks and benefits of involving people with lived experience, and facilitate discussion for how to foster more inclusive, safe environments for individuals who are willing to share their expertise in these spaces.
Oct 29	5:00 – 5:50 PM	Centering Mental Health in American Society: Discussing	Speaker(s): Silicia Lomax; Nadha Hassen; Cori Cafaro; Kirby Magid; Clysha Whitlow; Gita Jaffe Panel: The COVID-19 pandemic exacerbated America's structural inequities, which have worsened population mental health and well-being. In response to this growing crisis, six interdisciplinary students and professionals collaborated on a Social Innovations article on the premise that centering mental health and well-being as a human right will

		Innovative Pathway Forward	improve systems and quality of life in U.S. society. The panelists will discuss: the behind-the-scenes process of drafting this innovation, lessons learned, and recommendations for developing similar work.
Oct 29	5:00 – 5:50 PM	Community Action: How can we better support children’s well-being in schools?	Speaker(s): Rachel Siegal; Maury Nation; Ryan Kilmer; Stephanie Miodus; Rachel Uri; Samantha Tan; Michelle Angelo-Rocha; Gita Jaffe Roundtable: Schools are central to supporting young people and have traditionally been held primarily responsible for cultivating positive, learning environments. The COVID-19 pandemic exacerbated the mental health crisis among children and youth and has increased already high levels of stress and burnout experienced by school professionals. Schools cannot address this crisis alone. Facilitators will engage conference participants across sectors to identify how community stakeholders can collaborate to better support our children, families, and school communities.
Oct 30	11:30 – 12:20 PM	An interdisciplinary approach to promoting equitable access to care for underserved families with young children	Speaker(s): Laura Marie Armstrong Individual Paper: Our interdisciplinary, community-engaged team conducted a landscape analysis of services for families with children from the prenatal period through age 3 in Charlotte, NC. With community stakeholders, we used a participatory and mixed-methods approach to determine service availability and accessibility for families rearing young children in the context of socioeconomic disadvantage. We identified strengths, needs, and growth areas across multiple sectors to support efforts to build equitable systems of care for families with young children.

POSTER PRESENTATIONS

6:30 – 8:00PM OCTOBER 28, 2022

- ❖ Attributes of Well-Being in Transgender and Gender Diverse Adults in the United States: A Socio-Ecological, Intersectional Approach **by Sasha Zabelski**
- ❖ Mental Health Impacts of COVID-19 on Diverse Youth and Families in Canada **by Lucksin Raveendran**
- ❖ Self-Care and Wellbeing Among Social Work Students During the COVID-19 Pandemic **by Sarah Hassan**
- ❖ Community context matters: Exploring the impact of county-level racial and economic segregation for student outcomes **by Rachel Siegal**
- ❖ Integrated Health Care: A Solution to Challenges Faced Amongst Black Emerging Adults **by Alexandra Wynn**
- ❖ Increasing structural competency training among medical students may positively influence medical practice **by Mansoorah Kermani**

TIPS AND STRATEGIES

Before the Conference

- Take some time before the conference begins to reflect on and write down your top 3 goals for this conference
- Review the program in advance and identify which sessions are priorities and are aligned with your goals so you can build your schedule

During the Conference

- Have your contact information handy (this could be business cards but could also be more informal)
- Bring a way to take key notes! A notebook and pen or laptop. Focus your notes on the key takeaway points and think about how the information relates to your own work and projects.
- If someone gives you their contact information, note on the business card or directly in their contact info where you met them and any follow-up notes or action items (e.g., First Name Last Name, met at MH workshop, send my slides)

After the Conference

- Follow-up with anyone you want to stay in contact with. Re-introduce yourself briefly and send any follow-up items.
- Celebrate somehow! Attending a conference is an investment in your personal and professional development and definitely a milestone to celebrate.

Remember to take care of yourself throughout the conference, check out the resources in the Wellness and Connection Hub which includes free creative outlets, yoga, meditation and running groups that you can do either individually or with others!

Please join us for our next SEC Task Force meeting on **Wednesday, November 30th at 5pm ET.**

<https://yorku.zoom.us/j/96116112132?pwd=dWZZY1V6Tk9WMGgyS3k5N0tGaXlZz09>

Meeting ID: 961 1611 2132

Passcode: 204780